



Rewrite Your Story Recovery House Rules

309-207-2177

Break these rules and your stay will be terminated you have 3 warnings ONLY

(RED TYPE = IMMEDIATE REMOVAL FROM HOME)

- **SAFETY:**

- No loitering or hanging out in the front yard for any reason. The back patio is used for this
- Keep entry and exit doors closed and locked at all times
- No weapons, drugs, or paraphernalia of any kind
- Do not leave items on the floor that may cause a slipping or trip hazard
- If you spill anything on the floor immediately wipe it up and place a wet floor sign
- In case of an emergency, we need all residents to sign in and out of the home when leaving the property

- **GENERAL:**

- Do not steal or use another person's items without permission
- Do not open or enter any cabinets or closets with locks
- Turn lights off when not in use
- You may NOT enter another resident's room at any time
- Keep room door closed at all times
- Clothes must be worn outside of your room.
- Never leave personal items unattended in common areas of the home
- Kitchen closes at 8pm
- Residents can enter the home during these hours ONLY:
 - 6AM-11PM Sunday – Thursday, 12am TV off
 - 6AM – 12AM Friday and Saturday, 12am TV off
 - 24 hour prior written notice must be given for any & all exception
- If you are diabetic or need to give yourself shots using a syringe, you will need to have a medical grade bin to dispose of used needles properly
- The three strike rule - How the three strike rule works:
 - 2 verbals, then a strike. Entering the third strike, if you get two verbal's", on the last verbal for the third strike is immediate termination of the license agreement and must leave the property

- **SMOKING, ALCOHOL, AND DRUGS:**

- Smoking on backyard patio ONLY
- No Alcohol consumption or storage of alcohol in or around premises
- Do not share medication
- No storage or use of illegal drugs or unprescribed medication allowed
- Everyone is subject to random UA

- **CLEANLINESS:**

- Put trash in the trash can, put dirty dishes in the sink, clean up after you use the bathroom
- Your room shall be kept in an orderly and sanitary condition at ALL times
- Food is only to be consumed in the kitchen
- Food is NOT ALLOWED in bedrooms at any time
- If you spill anything or make a mess anywhere in the house including your room you will be responsible for cleaning it up

- **YOUR ROOM:**

- **You may NOT enter another resident's room at any time**
- Mattress covers must NEVER be removed
- Keep room door closed at all times
- Keep personal items inside of your room (Valuable Items should be secured)
- All rooms are subject to search by Anchor House staff

- **PERSONAL HYGIENE**

- Diapers, bed pads, or any personal hygiene items must be disposed of properly.
- You shall keep up with your personal hygiene by bathing and brushing your teeth frequently
- You shall have no complaints that you or your personal space has offensive odors.

- **BEHAVIOR:**

- **No aggressive or violent behavior EVER!**
- **No profanity or offensive language directed at any residents, neighbors, or NorthPoint staff or helpers**
- **No lending or borrowing money, cars or other property from other residents or neighbor**
- **All residents must attend outpatient treatment**
- **No romantic advances towards NorthPoint House staff**

- **LAUNDRY:**

- Use of Laundry on scheduled day and time ONLY
- Laundry area must be clean
- You may not wash another person's clothes
- **You may not put feces soiled items into any washer or dryer in the home**

- My signature signifies, I have read and understand what I can and cannot do while living in Anchor House. I understand and agree that if I break any rules within this document in red type, my stay will be terminated immediately, and I will be banned from living in other homes that Anchor Housing manages